



A.B. Paterson College Netball Club

Player & Parent Handbook

2018

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1. WELCOME

Welcome to A.B. Paterson College Netball Club's 2018 season in the NGCNA (Northern Gold Coast Netball Association) competition.

The handbook provides information on everything from A.B. Paterson College Netball Club's codes of conduct and fee structure to our rules of competition and general health and well-being guidelines.

People choose to play netball for all kinds of reasons and A.B. Paterson College Netball Club tries to cater for all members from U7 through to those looking to further their netball careers through representative honours.

A.B. Paterson College Netball Club is also very aware of its responsibilities to ensure players enjoy a safe environment and as such:

- all coaches, umpires and officials are accredited or in the process of being accredited;
- all officials and volunteers are required to hold Blue Cards

The Club is fortunate this year to have sponsorship from Barry & Judy Grimsey, Platinum Gold Pty Ltd and Greg Beh Constuctions. Their sponsorship is greatly appreciated. Please support these companies for any personal insurance or construction needs.

Netball is a great way of staying fit and healthy, having fun, making new friends, doing something new and learning new skills. A.B. Paterson College Netball Club values integrity, respect, fun and responsibility. We want everyone to enjoy our sport and have a great experience, socially and competitively.

The Club has established an e-mail which can be used for all correspondence or questions you may have. The address is netballclub@abpat.qld.edu.au. If you have any questions about the booklet or the club please contact the club on this e-mail.

To enjoy your season, please read this handbook carefully.

Best of luck for season 2018.

2. A.B. PATERSON COLLEGE NETBALL CLUB CONTACT DETAILS

2.1 A.B. Paterson College Netball Club Management Committee

Position	Name	Contact Details	Email
President	Judy Grimsey	0409 630 097	netballclub@abpat.qld.edu.au
Vice President	Luisa Davidson	0419 819 312	netballclub@abpat.qld.edu.au
School Liaison	Ian Taylor	0407 025 100	itr@abpat.qld.edu.au
Treasurer	Sam Beh	0413 123 343	netballclub@abpat.qld.edu.au
Secretary	Luisa Davidson	0419 819 312	netballclub@abpat.qld.edu.au

2.2 A.B. Paterson College Netball Club Portfolio Representatives

Position	Name	Contact Details	Email
Registrar	Jessica Chapman	0418 727 867	netballclubregistrar@abpat.qld.edu.au
Coach & Umpire Convenor	Sam Beh	0413 123 343	netballclub@abpat.qld.edu.au
Uniform Convenor	Rebecca Ferguson	0418 243 548	netballclub@abpat.qld.edu.au
NetSetGO Convenor	Danielle Tuesley	0414 286 619	netballclub@abpat.qld.edu.au
Communications	Luisa Davidson	0419 819 312	netballclub@abpat.qld.edu.au
Equipment Co-ordinator	Janine Loftus		netballclub@abpat.qld.edu.au
Events & Fundraising	Harriet Altass	0418 888 918	netballclub@abpat.qld.edu.au

2.3 A.B. Paterson College Netball Club General Committee Members

Position	Name	Contact Details	Email

2.4 General Club Contact and Information

Email: netballclub@abpat.qld.edu.au

Registrar Email: netballclubregistrar@abpat.qld.edu.au

Website: www.abpat.qld.edu.au/netball-club

2.5 Team Contacts

Team	Contact Details
U7 NetSetGo	
U8 NetSetGo	
U9 NetSetGo	
U10 NetSetGO	
U11	
U12	
U13	
JID U14	
JID U15	
JID U16	

2.6 A.B. Paterson College

Mr Ian Taylor, Director Activities

2.7 NGCNA Website

Northern Gold Coast Netball Association website <http://www.ngcna.org.au/>

3. A.B. PATERSON COLLEGE NETBALL CLUB DIVISIONS

Players are divided into divisions based on their birth year and the age they will turn during the period 1st January to 31st December of each year. A.B. Paterson College Netball Club age divisions are:

3.1 Group 1 – U7-U9

Continues to place an emphasis on fun and participation, rather than competition. Works on skill development (i.e. co-ordination, netball-specific skills and social).

Game day consists of 4 x 12 min quarters

NetSetGO U7-9	Girls – Born 2011, 2010 & 2009 (Competition Year 2018)
	Training: Tuesday – 3.30pm–4.30pm combined with NetSetGO Programme on Saturdays Games: Saturday Morning (Timing to be determined by NGCNA)

3.2 Group 2 – U10

This division looks at more netball-specific skill development and introduces “full rules” games

NetSetGO U10	Girls – Born 2008 (Competition Year 2018)
	Training: Tuesday – 3.30pm–5.00pm – Outdoor Junior Courts Games: Saturday Morning – (Timing to be determined by NGCNA)

3.3 Junior & Junior Intermediate Competition – U11 to JID U14-U17

This competition looks at more netball-specific skill development and the players participate in a regular netball competition. Skill level increases as do opportunities for representative honours and ‘player pathways’ through talent squads, sports camps etc. Players are also offered leadership development opportunities (umpiring/coaching etc).

U11	Girls – Born 2007 (Competition Year 2018)
	Training: Tuesday – 3.30pm–5.00pm – Outdoor Senior Courts Games: Saturday Morning (Timing to be determined by NGCNA)
U12	Girls – Born 2006 (Competition Year 2018)
	Training: Tuesday – 3.30pm–5.00pm – Outdoor Senior Courts Games: Saturday Morning (Timing to be determined by NGCNA)
U13	Girls – Born 2005 (Competition Year 2018)
	Training: Tuesday – 3.30pm–5.00pm – Outdoor Senior Courts Games: Saturday Morning (Timing to be determined by NGCNA)
U14	Girls – Born 2004 (Competition Year 2018)
	Training: Tuesday – 3.30pm–5.00pm – Outdoor Senior Courts Games: Saturday Morning (Timing to be determined by NGCNA)
U15 – U17	Girls – Born 2003, 2002 & 2001 (Competition Year 2018)
	Training: Tuesday – 3.30pm–5.00pm – Outdoor Senior Courts Games: Saturday Morning (Timing to be determined by NGCNA)

Senior Intermediate – For introduction in 2020

Intermediates	Girls – 1999 to 1997 (now also including girls born 2000)
	Teams to be established by 2020

Note: A.B. Paterson College Netball Club reserves the right to allow for players to play up an age group in accordance with the NGCNA By-laws

3.4 Training sessions

All Training sessions will be held at the A.B. Paterson College Junior and Senior Outdoor Netball Courts. Due to indoor training facility options, training will be held regardless of wet weather every Tuesday afternoon from 3.30pm-5.00pm, excluding School Holidays.

Training sessions are COMPULSORY for ALL players, as it is during training, not in the games, that players will develop the skills required in netball. Our coaches are volunteers and we do not expect them to give up their time for players who can't be bothered showing up to their training sessions.

3.5 Game Days

All games will be played on Saturday morning at the Runaway Bay Netball courts located in Sports Drive next to the Runaway Bay Super Sports Centre. Players are asked to be at the venue 30 minutes before their games each week.

3.6 Wet Weather Cancellations

In the event of wet weather, the Club President will be notified by the association and they will notify each coach. It then will be the coach's responsibility to notify each player of the decision to cancel games. Please ensure that your contact details are accurate to ensure this information is passed on. Alternatively, information will be available on the A.B. Paterson College Netball Club website or NGCNA website- <http://www.ngcna.org.au/>

If it is raining and you have not heard from your coach, your netball game will still be on!

3.7 Collecting your child

With the introduction of Child Protection strategies, it is extremely important that you collect your child from training or games ON TIME. Please ensure you check with management or your child's coach what time the session will finish and BE ON TIME.

4. A.B. PATERSON COLLEGE NETBALL CLUB FEE STRUCTURE

The A.B. Paterson College Netball Club fee structure includes insurance and club fees as detailed below:

- Insurance and capitation: Fees are set by A.B. Paterson College Netball Club and Netball Queensland, which the association must pay for each registered player and official. Each club must pay nominated fee per player for Netball QLD affiliation and insurance and NGCNA fee.
- Club Fees: Club fees are used for fixture running expenses, balls/equipment, coach/umpire costs/education, first aid equipment etc.
- Presentation Day
- Team Photos

4.1 Cost Breakdown

Fees for the 2018 season are yet to be determined.

ITEM	COST
Registration & Club Fees (incl Insurance, Team Photo & Presentation Day)	\$0.00
Uniform	\$0.00
1 x Player	\$0.00

4.2 Fee Payment

All registration fees must be paid by the due date in 2018.

Fees are the same for the entire season, regardless of when a player joins the club.

Club fees or any portion of the club fees will not be refunded once final CAPITATION payment is made to the NGCNA.

5. UNIFORMS

5.1 GameDay

Each player will be required to wear the club playing uniform to all games.

- A.B. Paterson College Netball Club designed Dress & black knicks
- A.B Paterson College Netball Club Sports Socks
- A.B Paterson College Netball Club Hair tie – green, red & yellow

Due to the design of our dress, all under garments such as crop tops and sport bras are required to be a “racer back” style to ensure invisibility. (Please note no straps are to be showing).

Club dress and knicks are an additional expense to Club & registration fees. The club uniform can be purchased from the A.B. Paterson College Netball Club Uniform Convenor (see page 4).

5.2 Optional Uniforms

A.B. Paterson College Netball Club will also allow the use of the A.B. Paterson College Sports Jackets as supplied by the College for winter sports wear. These jackets are not compulsory.

5.3 Training Uniform

Each player will be required to wear their PE sports uniform (white polo & green shorts) to all training sessions.

5.4 Umpiring Uniform

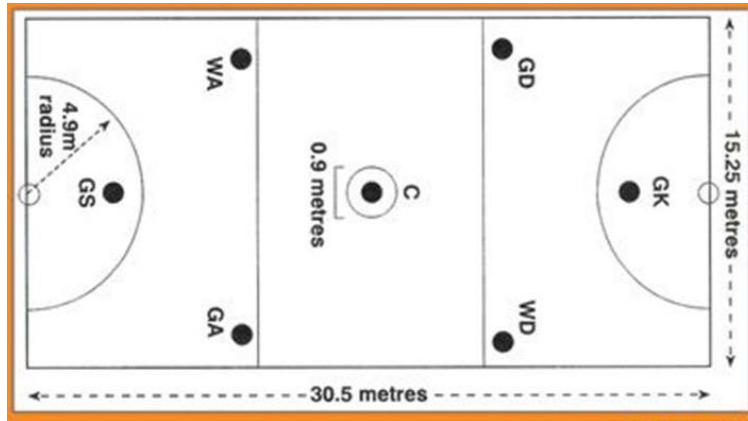
All umpires are required to wear a white top and skirt for umpiring duties. A.B. Paterson College Netball Club players will be required to wear their white A.B. Paterson College sports polo for umpiring duties. Purchase of required skirt is at the discretion of each player.

A.B. Paterson College Netball Club will provide a Club custom designed Umpire Uniform for accredited umpires.

6. COURT & GOAL SPECIFICATIONS

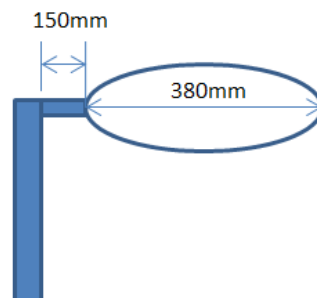
For parents interested in erecting goal posts and marking out distances at home the following dimensions apply:

6.1 CourtLayout



6.2 Goal Posts

ITEM	MEASUREMENT
Ring Height:	3.05m (10 ft) or 2.4m (8ft for Nova)
Ring (internal diameter):	380mm
Attachment connecting ring to post:	150mm
Ring thickness:	15mm
Post diameter (standard)	65mm



6.3 Ball Sizes

DIVISION	BALL SIZE
U8 to U9	Size 4
All other Divisions	Size 5

7. RULES AND GUIDELINES

The following are A.B. Paterson College Netball Club rules of competition, procedures and general guidelines for both players and parents/spectators.

7.1 Safety

7.1.1 Equipment and Facilities

Goal posts – No player should play or train on a court that does not have post pads on the goal posts.

Courts – Courts and the immediate surrounding areas are checked prior to all training sessions and games, however, if a player or parent/spectator becomes aware of something that may present a risk, please notify your coach or an official immediately.

7.1.2 Players

Shoes – All players must wear the correct footwear or they will not be permitted to play.

Jewellery – Players must REMOVE ALL JEWELLERY to play and train. This includes ALL PIERCINGS. Taping will not be permitted under any circumstances. Players who refuse to remove any type of piercing will not be permitted to take the court. PARENTS – please be aware that if your child has her ears pierced during the netball season, she will have to remove her earrings to train and play. This is not an A.B. Paterson College Netball Club requirement, but a rule of the game and as such we are bound to enforce it.

Parents are also asked to ensure that their child does not wear jewellery to the courts as A.B. Paterson College Netball Club will not be responsible for any theft or loss that may occur.

Fingernails – Fingernails must be cut short, not taped. Please ensure nails are cut BEFORE coming to the games. Seniors may wear approved gloves if they register them.

Hair – Hair must be tied back. Ornate hair bands/clips are not permitted as they can pose a safety risk.

7.1.3 Off-limit areas/off-court safety:

Between courts – No-one (spectators, players, coaches etc) is to sit between the courts during games. The NGCNA has a strict on chair policy between courts.

Spectators – Spectators are to sit well back from the edge of the court and are not to walk between courts during games. Please move back when instructed to.

Children – It is the parents/guardians' responsibility to keep young children away from the edge of the courts at all times. They MUST also be SUPERVISED on GRANDSTANDS.

Bikes/scooters/skates – Bikes/scooters/rollerblades etc are not permitted on or near the courts during fixtures or training sessions.

Dogs/pets – All dogs/pets should be left at home or must be kept on a leash well away from the playing area.

Mobile Phones - Players should switch mobile phones off during games, training sessions and when undertaking scoring duties. Junior players will be asked to turn phones off as soon as they arrive at the courts for training or games to remove the distractions of making/receiving calls or text messages.

A.B. Paterson College Netball Club will not be responsible for any loss or theft of mobiles which may occur.

7.2 Health, first aid and injuries

7.2.1 Health and fitness

Warm ups – All players should WARM UP and WARM DOWN at every training session AND game. Players should turn up at least 30 minutes before their games to do a proper warm up.

Water – All players should bring their own water bottles (labeled with name) to all training sessions and games. Coaches will provide plenty of drink stops during training sessions and players should have a drink of water during each break in a game.

Medication – Players with specific health requirements or medication needs relevant to their netball participation will be asked to complete a health form upon registration.

These forms are covered by privacy laws. Parents should also make their child's coach aware of any condition/medication requirements.

7.2.2 First aid

Personnel – The Club will ensure that a first aider is present at all training sessions. The club also compiles an Emergency Phone Number List in each Team Equipment Bag for ease of contact in the event of an injury.

Equipment – Small first aid kits and Ice Packs will be given to each team. A larger, fully equipped first aid kit is provided by NGCNA at the Playing venues. All kits are regularly checked and restocked on a monthly basis.

7.2.3 Infectious diseases

Blood rule – The All Australia Netball blood policy dictates that play must stop if a player is found to be bleeding from an injury during a game. The same applies for blood-related injuries which occur during training.

In addition to treatment:

- the wound must be cleaned and adequately covered;
- blood stained clothing must be removed or cleaned;
- the ball and court must be cleaned if necessary.

During a game, play must stop to allow the wound to be addressed with normal injury time and procedures to apply. Injury time/stoppages rulings may differ in carnival situations.

7.2.4 Injuries

Procedure – In the event of an injury, the appropriate first aid procedure must be applied. If the injury occurs during a game, the game will be stopped with injury time and procedures to apply. During a training session, it is the responsibility of the coach to follow correct first aid procedure.

Recording injury – Injuries incurred during a game should be recorded on the incident sheet on the scoreboard at the first opportunity during or after the game.

The incident report is then used to register the injury/incident in an incident logbook in the clubhouse for future reference if necessary.

Injuries occurring during training sessions will be recorded by the coach and logged in the injury/incident logbook at the earliest opportunity.

Returning from injury – A player returning from injury MUST provide his/her coach with a doctor's certificate stating that he/she is fit to play. The player must not take part in training sessions or games until the certificate has been provided.

7.2.5 Insurance

Coverage – All players registered with NGCNA are insured under the Australian Netball Insurance Program.

7.3 Behaviour

7.3.1 Players

Our club values integrity, respect, fun and responsibility.

All players registered with A.B. Paterson College Netball Club, regardless of age, are expected to adhere to the General and Players' Codes of Behaviour as outlined in this handbook. All players agreed to uphold these codes when completing their member registration. Please read these codes carefully.

In an effort to reward junior teams for playing by the rules and in the spirit of our sport, the Club has a "Team Spirit Award" where team players are rewarded with points each week, determined by the spirit in which they have played their game, to the best of their ability and shown true dedication to their team, opponent and the game.

The player receiving the most points during the season will be presented with the Annual Team Spirit Award at the end of the season.

Please remember that this club is run by volunteers and that all coaches, umpires and officials are volunteers.

7.3.2 Parents/Guardians

All parents/guardians of players registered with Northern Gold Coast Netball Association and A.B. Paterson College Netball Club are expected to adhere to the General and Parent/Guardian Codes of Behaviour as outlined in this handbook. Please read these codes carefully.

The role of parents in the A.B. Paterson College Netball Club is to:

- Support and encourage their child to participate in junior netball.
- Allow their child to participate only if they are well and healthy.
- Encourage their child to participate for the enjoyment of junior netball.
- Support their child to develop social and physical skills through junior netball.
- Promote and abide by the Northern Gold Coast Netball Association's codes of behaviours.
- Be courteous when communicating with coaches, officials and administrators.
- Be a positive role model.

Again, remember NGCNA and A.B. Paterson College Netball Club is run by volunteers, who give their time freely to ensure your child has the opportunity to participate in this sport.

Breaches of the Codes of Behaviour will be dealt with in a three-phase disciplinary action which includes education, suspension and, if necessary removal of membership.

7.3.3 Respect of officials

Northern Gold Coast Netball Association, like many sporting groups, struggles for volunteer helpers, particularly in umpiring roles.

In an attempt to improve our umpiring numbers, we encourage our junior players to learn how to umpire and appreciate their efforts in volunteering. Please remember that our umpires – whether they be juniors, learners or experienced - are important to our association and give them your full support and understanding.

7.4 Complaints / Queries

Dealing with complaints in a mature and professional manner is an important aspect of any sporting organisation. To ensure the complaint can be dealt with in an efficient manner, the club has adopted the following grievance procedure for players, parents and coaches:

7.4.1 A.B. Paterson College Netball Club – Grievance Procedure.

Step One:

In the first instance, a player/parent who has a grievance will speak with the coach involved and see if the issue can be resolved. If the grievance cannot be resolved, the grievance will move to Step Two.

If an incident/query involving a parent arises which the coach does not feel comfortable dealing with, or does not know how to deal with, the parent should be directed immediately to Step Two.

Step Two:

The grievance will then be taken to the Senior Committee which will examine the issue/query and propose a suitable solution. The parent/player with the grievance must put the complaint in writing using the Incident report form. This form can be found in the back of the A.B. Paterson College Netball Club 'Codes of Conduct' Handbook or on the Club's website or contacting the club via the following e-mail - netballclub@abpat.qld.edu.au.

Step Three:

The Committee will then decide on the best solution to the issue and inform both parties of their decision.

7.4.2 Harassment

No form of harassment will be permitted under any circumstances. If a player or parent believes some form of harassment is occurring, they should:

- approach their coach (if another player is involved);
- approach the coaching convenor (if a coach is involved); or address your concerns in writing to the executive;
- approach an executive member (if an official etc is involved); or address your concerns in writing to the executive.

7.4.3 General queries

Inquiries about the general running of the Club or requests for information should be addressed to either the relevant executive members (Coaching Convenor, Umpires Convenor, Treasurer etc) or to the President via the club's e-mail - netballclub@abpat.qld.edu.au. All attempts will be made to answer any genuine inquiries.

7.5 Parental support

Parents are welcome and encouraged to attend games and cheer on their child and her team. However, please refrain from coaching from the sidelines or during the break. This is not only confusing for the players but can be seen as disrespectful of the coach.

7.5.1 Helping out

A.B. Paterson College Netball Club will always be looking for volunteers to help out in a variety of ways. If you would like to become involved, please do not hesitate to approach one of the committee members.

8. CODES OF BEHAVIOUR

Codes of behaviour have been developed in the following areas:

- General Code of Behaviour
- Coach Codes of Behaviour
- Junior Player Codes of Behaviour
- Parent/Guardian Codes of Behaviour
- Spectator Codes of Behaviour
- Umpire Codes of Behaviour

Please refer to the A.B. Paterson College Netball Club 'Codes of Behaviour' document for further detail.

9. EVENTS CALENDAR 2018

