



M I N D S & H E A R T S

# Emotion Management for Children and Teens with ASD

A workshop for parents, carers, family members, and health and education professionals

9.30am - 4.00pm, FRIDAY 16th February 2018

VENUE: Albert Waterways Community Centre, Cnr Hooker and Sunshine Boulevards, Mermaid Waters, Gold Coast, Queensland

Children and adolescents with an Autism Spectrum Disorder (ASD) have difficulty with the comprehension, expression and regulation of emotions. This is often a source of anxiety, stress, anger, and depression for the child and for their family members and carers.

Over several decades of working with children with ASD and their families and schools, Michelle and Tony have developed emotion management strategies that are effective for children with ASD.

Workshop participants will learn about why emotion management difficulties occur, management of intense anger and challenging behaviours, and strategies to overcome child depression and anxiety.



**Professor Tony Attwood PhD** is an internationally recognised clinical psychologist, educator, and author. His book *Asperger's Syndrome: A Guide for Parents and Professionals* is an international best seller and seminal to the field.

**Dr Michelle Garnett PhD** is a clinical psychologist and Founder and Executive Director of M I N D S & H E A R T S, a clinic specialising in ASD. She trains clinical registrars across four universities, and has coauthored three books with Tony on ASD.



## REGISTRATION

1. Visit [www.mindsandhearts.net](http://www.mindsandhearts.net)
2. Complete the attached registration form, or
3. Call (07) 3844 9466



M I N D S & H E A R T S

# REGISTRATION FORM

Emotion Management for Children and Teens with ASD  
Gold Coast, Friday, 16th February 2018

TAX INVOICE

ABN: 60 845 090 602

Please complete form and send to M I N D S & H E A R T S, P O Box 5675, West End QLD, 4101,  
OR email [info@mindsandhearts.net](mailto:info@mindsandhearts.net).

**Details of Person Attending** (please complete a registration form for each person attending):

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Dietary Requirements** (must be supplied 14 days prior to event): \_\_\_\_\_

**Cost:** Early Bird (before 3pm, 1st February, 2018): \$175. Regular: \$195 (prices include GST and full catering). **Discount:** If you are a full-time student or facing financial hardship, please apply for a discount by sending documentation (e.g., student ID). We will consider applications on a case by case basis. **Cancellations:** Up to 7 days notice: Payment will be refunded minus a \$50 administrative fee. For less than 7 days notice there will be no refund, but a credit note for future events will be issued minus a \$50 administration fee. Attendance is fully transferable.

***YOUR RECEIPT IS YOUR TICKET. PLEASE BRING YOUR RECEIPT ON THE DAY AS EVIDENCE OF PAYMENT***

**Invoice Details for Person Paying for Seminar:**

Name: \_\_\_\_\_ Organisation (if applicable): \_\_\_\_\_

Email: \_\_\_\_\_ Phone: \_\_\_\_\_

AMOUNT: \$ \_\_\_\_\_

**CREDIT CARD DETAILS:** MASTERCARD VISA (*circle*)

Name on Card: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_

Expiry Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Signature: \_\_\_\_\_

*Invoices are to be paid within 14 days and the reference number must be stated on the payment receipt. Once payment is received a receipt and/or ticket will be issued to confirm place in the event.*

*Books and resources described in the seminars are available from **Resources at Hand** [www.resourcesathand.com.au](http://www.resourcesathand.com.au)*